Exploring Hinduism: A Journey with Ellie

Join Ellie the Elephant on a voyage of discovery to learn about one of the world's oldest traditions!

- **Hinduism teaches the concept of Dharma, which refers to the importance of living a moral and ethical life by following one's duties.**
- **Many Hindus believe in Karma, the idea that every action has a consequence that will return to the person who did it.**
- **The Mandir is a place of worship where followers gather for prayer, meditation, and rituals known as Puja.**
- **Hindus believe in Brahman, the ultimate reality or divine power that is present in everything in the universe.**
- **Festivals are a huge part of the tradition; for example, Diwali is the famous 'Festival of Lights' that celebrates the victory of light over darkness.**
- **The ultimate goal for many is Moksha, which is the liberation from the cycle of rebirth and becoming one with the divine.**

Did you know? Did you know? Hinduism is often described as a 'way of life' rather than just a religion. It is unique because it does not have a single founder or a single holy book, but rather a vast collection of ancient scriptures like the Vedas and the Bhagavad Gita.

Key vocabulary: Dharma · Karma · Brahman · Mandir · Puja · Moksha