# Celebrating Journeys: Black History Month

Step into the story of our shared history and discover the remarkable people who shaped our world!

- **Mary Seacole was a brave nurse who travelled from Jamaica to help soldiers during the Crimean War. She used her own money and knowledge of herbal medicine to set up the 'British Hotel' to care for the wounded.**
- **Walter Tull was a pioneer who became one of the first Black professional footballers in the UK. Later, he showed incredible courage by becoming an officer in the British Army during the First World War.**
- **Lenworth 'Len' Henry is a famous British comedian and actor who has worked hard throughout his life to support charities and ensure that television reflects the lives of all people living in Britain.**
- **The 'Windrush' generation refers to the many people who travelled from the Caribbean to the UK after 1948 to help rebuild Britain, bringing new music, food, and culture that we still enjoy today.**
- **History is not just about the past; it is about the stories of people who stood up for fairness and equality. By learning their names, we ensure their important legacy continues to inspire us today.**

*Did you know? Did you know? Black History Month was first celebrated in the UK in 1987. It is a special time dedicated to honouring the achievements and journeys of Black people throughout history, helping us appreciate the diverse tapestry of our nation.*

**Key vocabulary: Contribution · Pioneer · Heritage · Legacy · Achievement · Community**