Exploring Sikhism with Ellie

Learning objective: To understand the core beliefs of Sikhism, including the importance of the Gurdwara, the Guru Granth Sahib, and the practice of Seva.

Read each question carefully and use your knowledge of Sikhism to answer in full sentences. Remember to think about what Ellie has learned about community and kindness.

Ellie the elephant has been visiting the local Gurdwara to learn about the Sikh faith. She discovered that Sikhs believe in one God and the equality of all people. Inside the prayer hall, the Guru Granth Sahib is treated with the greatest respect, and everyone sits on the floor to show that they are equal. Ellie also helped in the kitchen, where volunteers prepare free meals for anyone who is hungry, a tradition known as Langar.

Word bank: Gurdwara · Guru Granth Sahib · Seva · Langar · Equality · Respect

1. What is the name of the place where Sikhs go to worship, and what is the name of their holy scripture? (2 marks)

2. Why do people sit on the floor in the prayer hall during a Sikh service? (2 marks)

3. Explain the meaning of 'Seva'. Can you give one example of how someone might show Seva in their community? (3 marks)

4. What is the 'Langar', and why is it an important part of the Gurdwara? (2 marks)

5. Sikhs believe that everyone is equal. Write down one way you can show respect and equality to your friends at school. (2 marks)

Draw: Draw a picture of the Langar kitchen. Show people working together to prepare food and include a sign that says 'Seva' in the corner.

Extension challenge: Imagine you are planning a community meal. Write a menu for your own version of a Langar. Remember, the food should be healthy and welcoming for everyone to share.