Buddhism: The Path of Wisdom with Ellie

Learning objective: To demonstrate knowledge of the core beliefs, history, and practices of Buddhism as part of the Class 6 RE curriculum.

Join Ellie the elephant, who loves history and stories, to test your knowledge about the origins and beliefs of Buddhism. Read each question carefully and select or write the best answer.

Answer Key: 1. A (Siddhartha Gautama), 2. True, 3. Enlightenment, 4. B (To end suffering), 5. False, 6. The Eightfold Path, 7. D (Lotus flower), 8. True, 9. Tripitaka, 10. True.

Word bank: Siddhartha Gautama · Enlightenment · Dharma · Eightfold Path · Nirvana · Tripitaka · Vesak

1. 1. Who was the founder of Buddhism? A) Siddhartha Gautama* B) Dalai Lama C) Ashoka D) Confucius (1 mark)

2. 2. True or False: Buddhists believe that life is a cycle of birth, death, and rebirth known as samsara. (1 mark)

3. 3. What is the state of perfect peace and end of suffering called in Buddhism? (1 mark)

4. 4. What is the main goal of the Four Noble Truths? A) To gain wealth B) To end suffering* C) To build temples D) To control others (1 mark)

5. 5. True or False: Buddhism has a single central god who created the universe. (1 mark)

6. 6. What is the name of the guide that helps Buddhists live a moral life and develop wisdom? (1 mark)

7. 7. Which symbol is often used to represent purity in Buddhism? A) A star B) A mountain C) A river D) A lotus flower* (1 mark)

8. 8. True or False: Meditation is a common practice used by Buddhists to calm the mind and gain insight. (1 mark)

9. 9. What is the name of the sacred collection of Buddhist scriptures? (1 mark)

10. 10. True or False: Vesak is a festival that celebrates the birth, enlightenment, and passing of the Buddha. (1 mark)

Draw: Draw a peaceful garden scene that includes a lotus flower and a quiet space for someone to sit and meditate, reflecting the calm nature of Buddhist practice.

Extension challenge: Research the 'Five Precepts' of Buddhism. Choose one of these precepts and write a short paragraph explaining why it might be important for living in a peaceful community today.