Be an Online Explorer: Your E-Safety Toolkit

About 15 minutes. Grown-up tip: Please read this poster with your child to discuss their favourite online activities and the steps they take to stay safe.

Follow these rules to navigate the digital world like a pro. Think of your online presence like a footprint in the sand—make sure it's one you are proud of! For example, if a stranger sends a friend request, always 'Stop, Block, Tell' instead of accepting.

■ Why should you keep your home address, school name, and phone number private when using the internet?

■ If you receive a message from someone you don't know that makes you feel uncomfortable, what is the best first step to take?

■ Explain why it is important to treat people with the same kindness online as you do in the playground at school.

■ What does it mean to have strong, unique passwords for different accounts, and how can they keep your data safe?

■ If you see something online that worries you or doesn't seem right, list two trusted adults you could talk to about it.

Did you know? Did you know? Every time you post a photo, write a comment, or play an online game, you are adding to your 'digital footprint'. This is a permanent record of your online activity that can be seen by others long after you have logged off.

Key vocabulary: Digital Footprint · Privacy Settings · Cyberbullying · Personal Information · Reporting