Navigate the Digital World: Your Online Safety Guide

About 15 minutes. Grown-up tip: Please read through these safety rules with your child to discuss how they can stay safe while exploring the internet at home.

Use these five golden rules to keep your digital life safe and positive. Think of these as your online compass: whenever you are unsure, pause and ask yourself, 'Am I following the code?'

- **Strong passwords are your first line of defence. Never share them with anyone, even your best friends at school.**
- **Keep your personal information private. Never share your full name, home address, or school name with people you only know online.**
- **Be kind and respectful. If you see something online that makes you feel sad or uncomfortable, tell a trusted adult immediately.**
- **Remember that people online might not be who they say they are. Always check with a parent or teacher before downloading new apps.**
- **Use the reporting tools. Most websites and games have a 'Report' or 'Block' button if someone is being unkind or breaking the rules.**

Did you know? Did you know that your 'Digital Footprint' is like a trail of footprints in the sand? Every time you post a photo, write a comment, or play a game, you leave behind information that can stay on the internet for a very long time. Think carefully before you click 'post'!

Key vocabulary: Password · Privacy · Cyberbullying · Digital Footprint · Report · Algorithm