Max’s First Aid Action Plan

Learning objective: I can identify simple first aid steps to help someone who is hurt.

About 15 minutes. Grown-up tip: Please read through these safety scenarios with your child to talk about how they can stay calm and find help.

Max the monkey has been busy learning how to keep his friends safe! Use this template to show what you would do if you saw someone hurt their knee on the playground. Example: If I see someone fall, I stay calm and tell a teacher immediately.

Word bank: Adult · Calm · Help · Plaster · Teacher · Safe · Emergency

1. 1. What is the very first thing you should do if you see a friend get hurt? (1 mark)

2. 2. Why is it important to stay calm when you see someone who is injured? (2 marks)

3. 3. Which grown-ups at school or home are the best people to help in an emergency? (2 marks)

4. 4. If a friend has a small graze, what steps should an adult take to look after it? (2 marks)

5. 5. Imagine you are on the village green and someone is hurt but no teacher is nearby. What would you do? (3 marks)

Draw: Draw a picture of you helping a friend by going to find a teacher for them.

Extension challenge: Write a short 'First Aid' poem for Leo the lion to perform, explaining why we should never try to fix a big injury all by ourselves.

I did it! **Name: _____** **Date: _____**

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