Be a First Aid Hero with Leo the Lion

1. The first thing to do is stay calm and tell an adult. This is important because an adult knows how to help properly and can keep everyone safe. (2 marks)

Working: The instructions state: 'your first job is to stay calm and tell an adult.'

1 mark for identifying the need to tell an adult; 1 mark for a valid reason (e.g., they know what to do, they can get help).

2. Applying pressure with a clean cloth helps to stop the bleeding and keeps the wound clean from germs. (2 marks)

Look for: Mention of stopping bleeding or preventing infection/germs.

Good: It stops the blood from coming out.

Better: It stops the bleeding and keeps the cut clean.

Best: Pressing a clean cloth stops the bleeding and prevents germs from getting into the cut.

What moves an answer up: The 'best' answer includes both the physical action (stopping bleeding) and the hygiene aspect (preventing infection).

3. You must check if the area is safe because you do not want to get hurt by the same sharp object while trying to help your friend. (2 marks)

Look for: Recognition of personal safety or avoiding further danger.

Good: So you don't get hurt too.

Better: You need to check so you don't trip on the sharp object while helping.

Best: You must check the area is safe so you don't become injured by the sharp object yourself while trying to help your friend.

What moves an answer up: The 'best' answer clearly links the student's own safety to the specific hazard mentioned in the prompt.

4. An adult (such as a parent, teacher, or lifeguard). (1 mark)

Working: The core rule is to always alert an adult in an emergency.

Accept any responsible adult figure.

5. 1. Plasters, 2. Clean wipes/water, 3. Bandages (or sterile gauze). (3 marks)

Working: Common items found in a standard school first aid kit.

1 mark for each correct item listed, up to 3 marks.

What a secure answer looks like

A secure answer demonstrates that the child understands their primary role is to alert an adult rather than perform complex medical tasks. They should show an awareness of basic hygiene and personal safety.

If your child is stuck

Ask your child: 'If you were in the playground and saw someone fall, who is the safest person to go to first?' Remind them that they are not expected to be doctors, just helpful assistants.

Common mistakes to watch for

Children often think they should try to clean a wound themselves immediately; remind them that telling an adult is the priority. They may also forget that their own safety comes first before helping others.