The Kindness Advent Blueprint: Designing a Community of Care

Learning objective: I can identify and illustrate practical ways to demonstrate kindness, empathy, and positive community spirit during the winter season.

About 15 minutes. Grown-up tip: Ask your child to explain why they chose a specific act of kindness for their calendar and how it might make the recipient feel.

In this activity, you will design a 'Kindness Advent Calendar' scene. Instead of chocolate, your calendar will feature 24 windows, each hiding an act of kindness to perform for your friends, family, or neighbours in your village or town.

Example: If you are drawing a 'Kindness Window', you might draw someone offering a hot drink to a neighbour. Beside it, write: 'Check on a neighbour during the cold weather.'

Draw: Draw a large, detailed building with 24 distinct windows arranged like an advent calendar. Use coloured pencils to add winter details like frost on the window panes, a robin on a snowy branch, or a warm light glowing from the centre of the building. The style should be neat and clear, suitable for a classroom display.

Label words: Empathy · Community · Generosity · Inclusion · Support · Compassion · Responsibility

Steps:

1. Step 1: Sketch a large, festive house in the centre of your page. Divide the front of the house into 24 numbered squares (windows). Choose one window and draw a scene showing an act of kindness involving an animal, such as a hedgehog or a robin.
2. Step 2: Label your drawing using at least three words from the word bank that describe how kindness makes a community stronger.
3. Step 3: Select a number from your 24 windows. Write a specific, original, and helpful 'Kindness Challenge' for that day that costs £0 to complete.
4. Step 4: Think about our school community. Draw one 'Kindness Window' that shows how you could support a classmate who is feeling lonely during break time.
5. Step 5: Reflect and explain: Why is it important that kindness continues after the festive season ends? Write your answer in one clear sentence.



I did it! Name: _____ Date: _____

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