Exploring Buddhism: A Year 3 Assessment

Learning objective: To demonstrate knowledge and understanding of Buddhist beliefs, the story of Siddhartha Gautama, and how Buddhists practise their faith.

Read each question carefully and write your answers in the spaces provided. Remember to use full sentences where asked.

Siddhartha Gautama was a prince who lived a long time ago. After searching for the truth about life, he sat under a Bodhi tree and reached Enlightenment. He became known as the Buddha, which means 'The Awakened One'. Today, many people follow his teachings to find inner peace and kindness.

Word bank: Siddhartha Gautama · Enlightenment · Buddha · Shrine · Meditation · Peace · Lotus flower

1. Who was Siddhartha Gautama before he became the Buddha? (2 marks)

2. What does the word 'Buddha' mean? (2 marks)

3. Name two things a Buddhist might find at a home shrine. (2 marks)

4. Why do Buddhists choose to practise meditation? Explain your answer. (3 marks)

5. Max the monkey wants to know how Buddhists show kindness to others. Describe one way a Buddhist might act kindly in their daily life. (3 marks)

6. Compare how a Buddhist might feel during meditation to how you feel when you are calm and quiet. How are they similar? (4 marks)

7. Imagine you are explaining the story of the Buddha to a friend. Write a short paragraph explaining why he left his palace and what he was looking for. (9 marks)

Draw: Draw a lotus flower, which is a common symbol in Buddhism. Around the flower, draw three things that represent peace to you.

Extension challenge: Total: /25