Easter Traditions and Beliefs: A Reflective Study

Learning objective: I can explain the significance of Easter for Christians and identify how different traditions reflect these beliefs.

About 15 minutes. Grown-up tip: Encourage your child to think about how symbols help people share stories and beliefs.

Use this template to explore the meaning of Easter. Think about the historical and religious importance of the season. For example, if asked about symbols, you might write: 'The egg represents new life, which links to the Christian belief in the resurrection.'

Word bank: Resurrection · Lent · Sacrifice · Hope · Good Friday · Easter Sunday · New beginnings · Forgiveness

1. The Period of Lent: Explain the purpose of the 40 days leading up to Easter and why some Christians choose to fast or give something up. (2 marks)

2. Good Friday Significance: Describe why Good Friday is a solemn day in the Christian calendar and what it represents. (2 marks)

3. Easter Sunday: Why is this day considered the most joyful day in the Christian year? Mention the concept of the Resurrection. (3 marks)

4. Symbols of Easter: Choose one traditional symbol of Easter (e.g., the egg, the cross, or the lily) and explain how it connects to the Easter story. (2 marks)

5. Personal Reflection: How do these historical and religious traditions influence how communities in the UK celebrate the arrival of spring today? (3 marks)

Draw: Draw a symbol that represents 'new life' or 'hope' to you, and label it with a brief sentence explaining your choice.

Extension challenge: Research a different culture or country and write a short paragraph explaining one way their Easter traditions differ from those commonly seen in the UK.

I did it! Name: _____ Date: _____

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