A Journey into Judaism: Exploring a Faith with Ellie

Step into Ellie’s world of discovery and explore the traditions of the Jewish faith!

■ Judaism is one of the world's oldest monotheistic religions, meaning Jewish people believe in one God.

■ The Synagogue is the place where Jewish people gather to pray, study the Torah, and meet as a community.

■ Shabbat is the Jewish day of rest, which starts on Friday evening at sunset and lasts until Saturday evening.

■ A Menorah is a special candle holder with nine branches, often used during the festival of Hanukkah.

■ Many Jewish men and boys wear a small cap called a Kippah as a sign of respect for God.

■ Some Jewish people follow special food rules called Kosher, which help them make healthy and respectful food choices.

Did you know? Did you know? The Torah is the most sacred book in Judaism. It is written by hand on long scrolls of parchment and is kept inside a special cabinet in the synagogue called the Ark. Because it is so precious, it is never touched with bare fingers while being read!

Key vocabulary: Torah · Synagogue · Shabbat · Menorah · Kippah · Kosher