# Learning About Buddhism with Ellie the Elephant

*Learning objective: To describe the key beliefs and practices of Buddhism, including the life of Siddhartha Gautama and the importance of kindness.*

Use this writing frame to share what you have learned about Buddhism. Think about Ellie's advice: use your memory to recall the facts and write them in your own words.

Buddhism began a long time ago in India with a person named Siddhartha Gautama, who became known as the Buddha.

*Word bank: Siddhartha Gautama · Enlightenment · The Buddha · meditation · kindness · peaceful · Four Noble Truths · however · furthermore · in addition · because*

**1. Who was Siddhartha Gautama and what did he decide to do when he left his life of luxury? Start your answer with: Siddhartha Gautama was a prince who... (2 marks)**

**2. What does the word 'Enlightenment' mean in Buddhism? Start your answer with: Enlightenment is the moment when... (2 marks)**

**3. How do Buddhists show their devotion? You could mention temples, shrines, or meditation. Start your answer with: Buddhists often show their devotion by... (2 marks)**

**4. Why is kindness (metta) important to Buddhists? Start your answer with: Kindness is important because... (2 marks)**

**5. What is one thing you find interesting about the Buddhist way of life? Start your answer with: I think it is interesting that... (2 marks)**

*Extension challenge: Imagine you are visiting a Buddhist shrine. Write a short diary entry describing what you see and how the atmosphere makes you feel.*